

ALLERGEN DATA



GLUTEN		WHEAT		MILK / LACTOSE		EGG		SOYA		NUT		SESAME		SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY	IN RECIPE	IN FACTORY		

STAGE 1 BABY COMPOTES

Apple / Apple Pear Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple Mango / Apple Cherry Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple Peach / Apple Strawberry Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Banana Porridge	✗	✓	✗	✓	✓	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✗(milk)
Apple & Mango Rice Pudding	✗	✓	✗	✓	✓	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✗(milk)
Summer Pudding Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Vanilla / Banana & Plum Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Banana & Mango Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Pear & Raspberry Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Blueberry Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Banana & Strawberry Fruity Custard	✗	✓	✗	✓	✓	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✗(milk)
Apple & Blackcurrant / Apple & Raspberry Fruit Puree	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Peach Porridge / Apple & Bananna	✗	✓	✗	✓	✓	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✗(milk)
Strawberry & Banana Breakfast / Apple & Pear	✗	✓	✗	✓	✓	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✗(milk)
Apple and Strawberry	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Mango	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Blackcurrant	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓
Apple & Peach	✗	✓	✗	✓	✗	✓	✗	✗	✗	✓ (lecithin)	✗	✓ (almond)	✗	✗	✓	✓

BABY RICE

First Food Wholegrain Baby Rice	✗	✓ (wheat)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
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STAGE 1 CEREALS

Wholegrain Creamy Oat Porridge	✓ (oats)	✓ (oats)	✗	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Fruity Apple Cereal	✗	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
4 Multigrain Cereal	✗	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Develop Pack Infant Cereal	✗	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
7 Grain	✗	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Banana & Raisin oat cereal	✓ (oats)	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Wholegrain Banana Porridge	✗	✓ (oats)	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓

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FINGERFOOD RICE CAKES

Plain Rice Cakes	✗	✓(wheat)	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✓	✓	✓
Apple Rice Cakes	✗	✓(wheat)	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✓	✓	✓
Raspberry & Blueberry Rice Cakes	✗	✓(wheat)	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✓	✓	✓

FINGERFOOD EXTRUDED SNACKS

Tomato Slices	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓
Crunchy Sweetcorn Rings	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓
Crunchy Carrot Sticks	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓

FINGERFOOD BISCUITS

Baby Finger Biscuits	✓(wheat)	✓(wheat)	✓	✓	✓	✓	✗	✓	✗	✓(soya oil)	✗	✓(almond, hazelnuts, brazil)	✗	✗	✓	✗(milk)
Plain Soft Rusks	✓(wheat)	✓(wheat)	✓	✓	✓	✓	✗	✓	✗	✓(soya oil)	✗	✓(almond, hazelnuts, brazil)	✗	✗	✓	✗(milk)
Orange Soft Rusks	✓(wheat)	✓(wheat)	✓	✓	✓	✓	✗	✓	✗	✓(soya oil)	✗	✓(almond, hazelnuts, brazil)	✗	✗	✓	✗(milk)

GOODIES CEREAL BARS

Apple & Raspberry Cereal Bar	✓(oats)	✓(oats)	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓(almond, hazelnuts, brazil, cashew)	✗	✗	✓	✓
Apple & Orange Cereal bar	✓(oats)	✓(oats)	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓(almond, hazelnuts, brazil, cashew)	✗	✗	✓	✓
Blackcurrant Cereal bar	✓(oats)	✓(oats)	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓(almond, hazelnuts, brazil, cashew)	✗	✗	✓	✓
Cocoa & Raisin Cereal Bar	✓(oats)	✓(oats)	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓(almond, hazelnuts, brazil, cashew)	✗	✗	✓	✓
Carrot cake Cereal Bar	✓(oats)	✓(oats)	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓(almond, hazelnuts, brazil, cashew)	✗	✗	✓	✓

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GOODIES EXTRUDED SNACKS

Noughts & Crosses - Saucy Tomato	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓
Curly Puffs - Tomato, Cheese & Herb	✗	✗	✗	✗	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Curly Puffs - Cheese & Herb	✗	✗	✗	✗	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Carrot Stix	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓
Spicy Stars	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓

GOODIES BISCUITS

Tomato & Basil Number Bites	✓(oats)	✓(wheat, oats)	✗	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Tomato & Basil Number Bites (New Recipe)	✓(wheat)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Cheese & Onion Number Bites	✓(oats)	✓(wheat, oats)	✗	✓	✓	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✗(milk)
Cheese Number Bites (New Recipe)	✓(wheat)	✓(wheat, oats)	✓	✓	✓	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✗(milk)
Oatie Biscuit	✓(oats)	✓(wheat, oats)	✗	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Gingerbread Men	✓(wheat)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Alphabet Biscuits	✓(wheat)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Animal Biscuits	✓(wheat)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Moon Biscuits	✓(wheat)	✓(wheat, oats)	✓	✓	✓	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✗(milk)

GOODIES RAISINS

Raisin Mini Boxes	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✓	✓
Raisins & Apricots	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓
Raisins & Apples	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓

GOODIES FRUIT BARS

Date & Apple	✗	✓(wheat)	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(almond, hazelnuts, cashew, brazil)	✗	✓	✓	✓
Banana & Date	✗	✓(wheat)	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(almond, hazelnuts, cashew, brazil)	✗	✓	✓	✓

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SAVOURY POTS

Stage 1 Sweet Potato, Pear & Pea	✗	✓(wheat)	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓
Stage 1 Butternut Squash & Chicken	✗	✓(wheat)	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Stage 1 Fruity Chicken & Wholegrain Rice	✗	✓(wheat)	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Stage 2 Spinach & Salmon Risotto	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗
Stage 2 Pasta with Aubergine & Red Pepper	✓(wheat)	✓(wheat)	✓	✓	✓	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✓	✓
Stage 2 Beef & Parsnip Mash	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗
Stage 2 Chicken Herb Casserole	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗
Stage 2 Pasta Stars with Bolognese Sauce	✓(wheat)	✓(wheat)	✓	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗
Stage 2 Vegetables with Chicken & Rice	✗	✓(wheat)	✗	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✓	✓
Stage 3 Fruity Lamb, Potato & Cous Cous		✓(wheat)	✓	✓	✗	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗
Stage 3 Thai Chicken & Rice		✓(wheat)	✗	✓	✓	✓	✗	✓	✗	✓(soya oil)	✗	✗	✗	✗	✗	✗

NO JUNK BISCUITS

Gingerbread Gang Biscuits	✓(wheat)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Cocoa Cookie Bites	✓(oats)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓
Orange Cookie Bites	✓(oats)	✓(wheat, oats)	✓	✓	✗	✓	✗	✓	✗	✓(lecithin)	✗	✓(almond, hazelnuts)	✗	✗	✓	✓

SQUEEZIES

Strawberry, Pear & banana	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✓	✓
Pear, Orange & Mango	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✓	✓
Pear, Kiwi & Banana	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✓	✓

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Jars

Stage 1 Banana & pear Rice Pudding	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 1 Creamy Oat Porridge	✓ (oats)	✓	✗	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Stage 1 Rice, Chicken & Apple	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 1 Butternut Squash & Root Vegetables	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 1 Carrot & Sweet Potato	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 1 Creamy Rice Pudding	✗	✓	✗	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 2 Pasta Bolognese	✓ (wheat)	✓	✓	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 2 Apple, Mango & banana Yogurt	✓ (oats)	✓	✗	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Stage 2 Apple & Peach Oaty Crumble	✓ (oats)	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 2 Vegetable Korma & Rice	✗	✓	✗	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✗(milk)
Stage 2 Fruity Lamb with Cous Cous	✓ (wheat)	✓	✓	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 2 Vegetable & chicken Hotpot	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 2 Chickpea & Red Pepper Lasagne	✓ (wheat)	✓	✓	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓
Stage 3 Vegetable & Pork Risotto	✗	✓	✗	✓	✗	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 3 Pasta with Chicken & Broccoli	✓ (wheat)	✓	✓	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗	✗
Stage 3 Pasta with Pea Pesto	✓ (wheat)	✓	✓	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✓	✓

Please note: This information is correct at the time of publication. However, recipes may change so always check the ingredients list and allergen information on the product packaging before use.

Apr-10